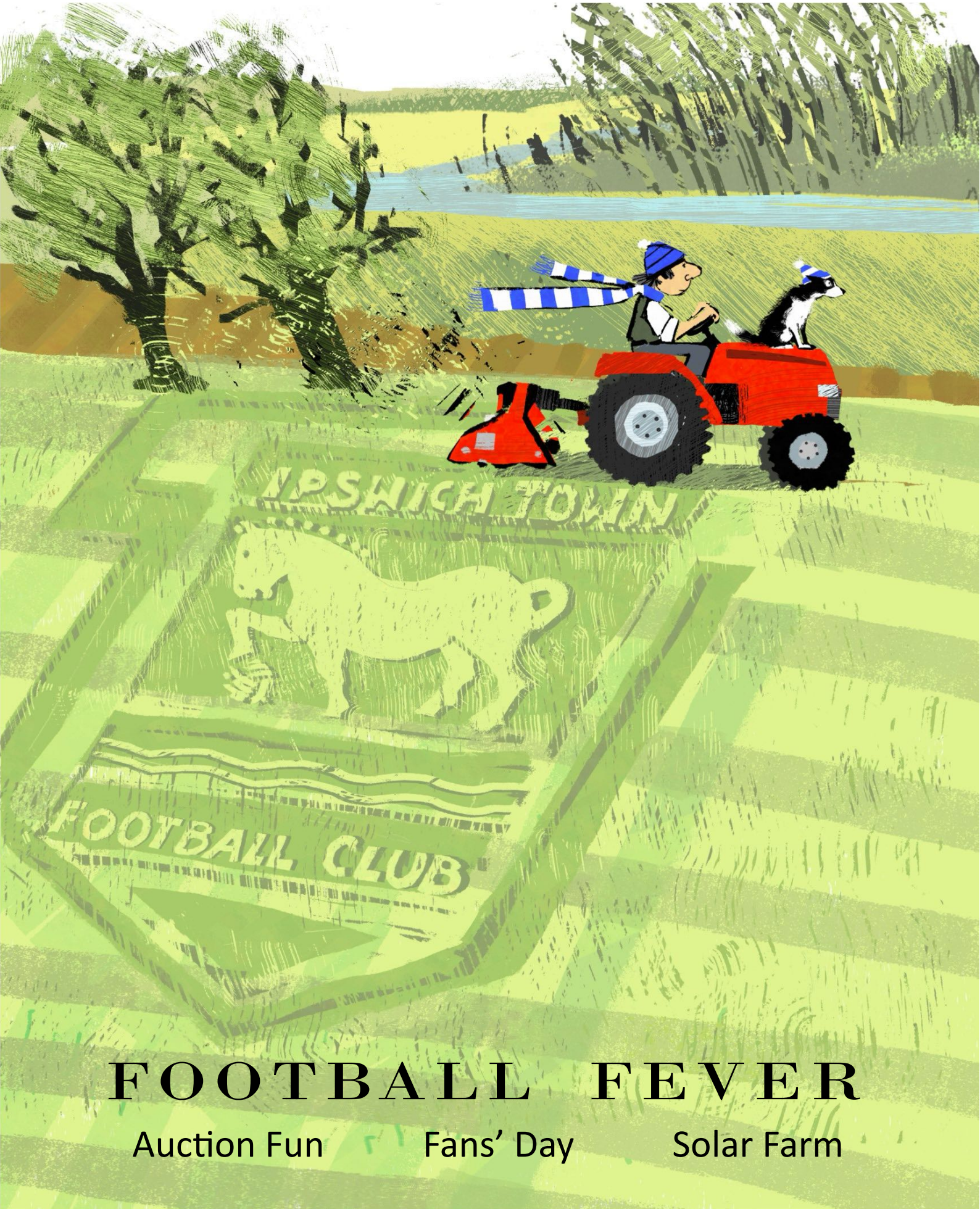
Ufford PUNCH

Issue 332 *September 2024*



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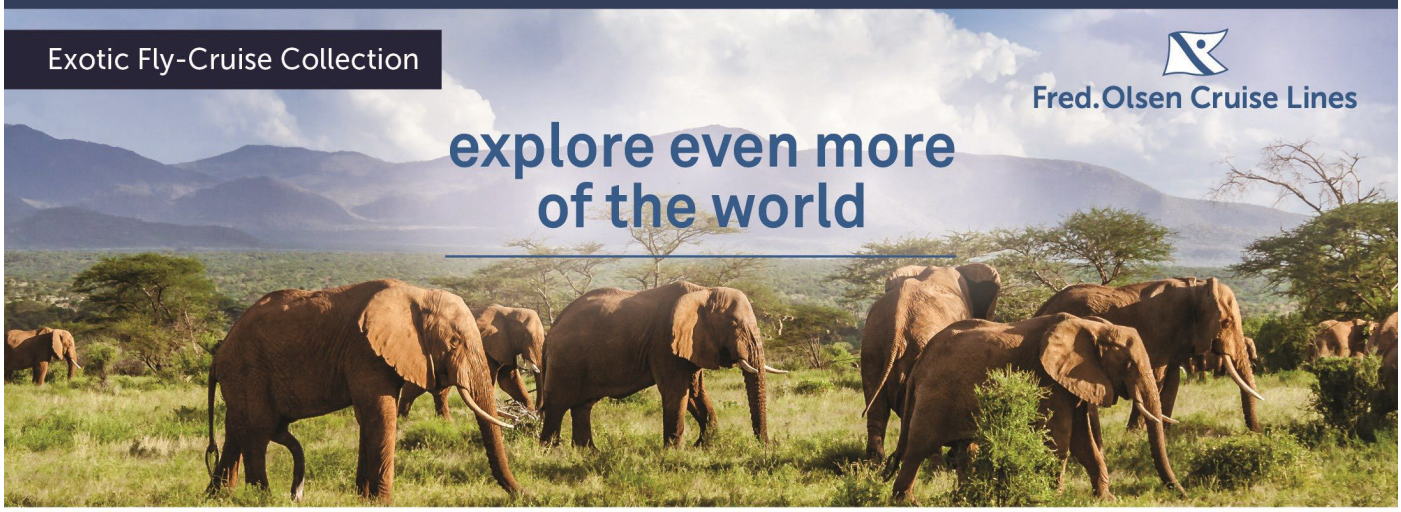

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YOUR SUBMISSIONS:
submissions@uffordpunch.org.uk

EDITORIAL:
Kevin Young, Edward Creswick, Tony Hill, Andy Gardner
editor@uffordpunch.org.uk

PUNCHLine:
Judi Hallett and Tig Thomas
PUNCHline@uffordpunch.org.uk

ADVERTISING:
Sue Wright - 07788 410431
adman@uffordpunch.org.uk

OUR REPORTERS:
Helen Paxton
helen@uffordpunch.org.uk

Alex Bennett
alex@uffordpunch.org.uk

CHAIR:
Tony Hill
chair@uffordpunch.org.uk

SECRETARY and ARCHIVIST:
Nicky Scott
secretary@uffordpunch.org.uk

TREASURER:
Jacqueline Davies
treasurer@uffordpunch.org.uk

DISTRIBUTION:
Tim Mumford
distribution@uffordpunch.org.uk

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Cover courtesy of Alex Ayliffe

Welcome to the Ufford PUNCH

From the Editor

I hope this edition of the PUNCH finds you all well and enjoying an Indian Summer of BBQs, gin and tonics and gentle walks to watch the sun go down over the River Deben. Of course, it might be chucking it down. The delights of an English summer.

The PUNCH was saddened to learn of the sudden death of long-term village resident Mike O'Malley on August 1st. Mike embraced the term "a life well lived" and his widow Ashley has written a heartfelt tribute that captures the essence of a husband, father and friend. He will be missed by many. (See page 11).

On another sombre note, as the PUNCH prepared to go to press, news broke that Mike Lynch, owner of the Loudham Estate, and his family had been on board the superyacht Bayesian that sunk outside the port of Porticello, Sicily, in severe weather on August 19th. The body of Mike has been recovered by rescue services. As I write the search for 18-year-old daughter Hannah continues. Six people have been confirmed dead with one passenger still missing. His wife Angela Bacares, 57, is among fifteen known survivors. The tech entrepreneur has many friends around Pettistree and Ufford and was behind a Judicial Review into the controversial Pettistree Solar Farm project. In July, the PUNCH looked into the plans and with the cooperation of the Loudham Estate, had agreed an important update prior to the tragic loss of the Bayesian. In that context, it is important to underline Mike's role in the Solar Farm review. The full story is on page 22.

Elsewhere, the PUNCH catches a dose of football fever to celebrate Ipswich Town FC's return to the Premiership. By the time you read this, Keiran McKenna's team might well be top of the league, or facing the reality of life in the world's toughest football competition. Either way, Ufford's Tractor Boys and Girls tell us what the forthcoming season means to them. We also follow some of the winners of the Auction of Promises at the Summer Ball in June. The night raised over £10,500 for Nick Apperley's three Motor Neurone Charities and the auction promises are now a reality for some. There's sourdough bread making, croquet lessons, a slap up meal and a villager with a gun fetish. More promises will be fulfilled and reported in future editions.

On the entertainment front, there are two exciting events: the third Oooh Aaah Events one-man show on Saturday 19th October and Ufford's best singers with the Love to Sing Choir at St Mary's Church on Saturday 26th October. Get those red hot tickets.

We also celebrate travelling in different ways with Kit Thomas, back from his adventure packed trip around Europe in a now-deceased van and Rob Flory, who took his Ufford inspired love of the Anglo-Saxons all the way to Tamworth in Staffordshire. There's the normal diary events, contact details and our all important advertisers. Do tell them you saw their details in the PUNCH.

Right, I'm off for a gin and tonic .... and to start my to-do list for Christmas..... Now, isn't that bloomin' worrying.

Andy Gardner

The October Ufford PUNCH submissions should be sent to submissions@uffordpunch.org.uk by **Friday 13th September**

Have You Heard It on the PUNCHLine?

Get the latest village news first via our digital newsletter '**PUNCHLine**'.
If there is anything you want to broadcast, write your message and send it in Monday - Saturday for circulation to all our subscribers as soon as possible.
To subscribe, or broadcast news, email punchline@uffordpunch.org.uk

UFFORD PUNCH NOTICE BOARD

THE UFFORD DIARY DATES ARE ON PAGE 23

Annual Morning Market

Saturday 7th September

10.00am – 12.30pm

Local Produce:

Vegetables, Preserves, Cakes,
Crafts, Bric-a-brac, Raffle and more.
Entrance £1 including tea, coffee and biscuits.

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National Poetry Day

Thursday 3rd October is National Poetry Day. Call yourself a poet? If you do, we'd love to feature your work in the October issue of the PUNCH. So sharpen that quill or oil your keyboard and send your original poems to submissions@uffordpunch.org.uk before our 13th September deadline.

Local Musician Plays at Snape

Local musician Nigel Walker will play the violin as part of the sixty-strong Trianon Music Group during a rare concert at the world renowned Snape Maltings Concert Hall on Saturday 14th September, beginning at 7.30pm. The Ufford resident and scientist at BT's innovation labs at Adastral Park, Martlesham, will be among the orchestra conducted by Emeritus Professor Christopher Green OBE.

The event, called Sea Fever, will showcase a programme of popular classics to celebrate the sea and those who provide lifeboat services across the UK. There will be a collection for the RNLI.

Northern Lights or Too Many Gin and Tonics?

Is it the Northern Lights, rare light pollution or the return of the Rendlesham Forest UFO? Whatever lit the night sky up over Ufford on Saturday 20th July, the shimmering orange flashes and eerie glow turned a few heads.

Our picture was taken by Andy Gardner from the back garden of the cottage on Lower Road he shares with Amanda Baker. It was snapped just before 11.30pm and reveals a mist-like cloud that appears to float upwards into the inky night sky.

Amanda said: "Ufford's amateur weather expert John Colles said he doubted it was the second coming of the aurora borealis." He added: "It could be clouds lit up by something on the ground, or there is something called Noctilucent clouds, which are clouds that glow some time after sunset caused by ice and dust very high in the atmosphere. Normally at these latitudes, Northern lights will have some red in them."

My theory? Too many gin and tonics.

Oooh Aaah Events Sponsors Mark Farrelly in "Quentin Crisp: Naked Hope"

Oooh Aaah Events has booked its third play at St Mary's Parish Hall for the night of Saturday 19th October to showcase the critically acclaimed and inspiring "Quentin Crisp: Naked Hope". Actor Mark Farrelly plays the iconic raconteur whose openly gay lifestyle defied convention and challenged the Establishment when it was against the law to be homosexual.

The 75-minute play will be split into two parts and focuses on Quentin's early fight for justice, during which he was regularly beaten up, and his later reincarnation as a celebrity in New York after his incredible life was made into the TV film "The Naked Civil Servant," starring John Hurt.

Mark told the PUNCH: "I travel across the UK all year round with my work, but have never been to Ufford, so it will be a new experience for me. Quentin had a very tough life, but he never lost his sense of humour. I've included many of his wise and witty words in the script, but my favourite is: "If there were no praise, or blame, who would you be?" Singer Boy George said of the show: "Mark Farrelly channels Quentin Crisp brilliantly."

Tickets will cost £12.50 and will be available shortly at the White Lion pub (cash only). Doors will open at 7pm and the show starts at 7.30pm. There will be a cash bar on the night. Alternatively, to reserve tickets by email: andygardn@googlemail.com.

The White Lion will have a pre-theatre dinner available before the main event. More details nearer the date.

Ufford Parish Council News

An Emergency Situation – We Have a Cunning Plan!

Recently Ufford Parish Council have been reviewing their Emergency Plan. A plan was drafted in 2017 but volunteers did not come forward and it was never completed. As a consequence of Storm Babet and its aftermath in late 2023, we have been working with the Joint Emergency Planning Group, East Suffolk Council and Suffolk County Council, to revive our Plan.

We now have a core team of five volunteers to help implement the Plan, as and when needed. These people will get communications out to residents via the PUNCHLine and HUG Facebook Page, will co-ordinate local resources (vehicles, equipment, etc.) and, if necessary, will set up a Local Rest Centre in a suitable location. If you would like to be part of this team please let us know.

Of course, we never know what form the next emergency will take. It may be extreme weather (hot or cold); high winds bringing down trees and/or power lines; heavy rain, causing flooding or landslides; or fire affecting a number of properties. Where an emergency is unique to Ufford, the County's resources will be at our beck and call and co-ordination will be via one of the Emergency Services. However, another hurricane like the one in 1987 or a repeat of Storm Babet will see us largely on our own as resources would be stretched across the whole County.

What can you do to prepare?

If we can all help ourselves we may make the situation easier to cope with. We suggest you think about doing the following things:

1. PUNCHLine - If you are not already registered, sign up for the PUNCHLine. Send an email to punchline@uffordpunch.org and ask to be signed up. You will then receive all urgent notifications via email.
1. Sign up to the Priority Services Register – https://www.thepsr.co.uk/ - if you are in any way vulnerable. You may be frail, or disabled. You may have medical needs or perhaps have children under five. When you sign up your utility company will know you may need more support in the event of an emergency.
2. Prepare a Box – This could include medicines, water, tinned/dry food, a torch, change of clothes, etc. Try to think of everything you might need if the electricity was off for a few days and/or you couldn't leave the house.
3. Work together with your neighbours - In the event of a prolonged emergency during the winter, it may be easier to heat one room in one house and to share emergency cooking facilities.

Can you help in an emergency?

We are slowly building up a list of people with skills, tools and equipment and thank you to those who have already come forward. If you think you might be able to help, please get in touch at ufford.pc@hotmail.com. We must stress that we would **only** ever expect you to help if your own family/home were not at any risk.

Welcome to the Village—Ray Whitehand

Photo by Tony Hill

Ray Whitehand is the new occupant of the recently refurbished Almshouses and certainly seemed to be settling in nicely when we spoke to him about his local upbringing and coming to live in Ufford. Ray was extremely grateful for all the good wishes and help he has received since arriving in the village.

Born in his parents' bedroom at 2 Potash Cottages (now Pear Tree Cottage), Pettistree in 1948, Ray has grown up with the local area and the land in his DNA. His father Frank was a Cattleman for Grange Farm in Wickham Market, milking the cows twice a day, while his mother Ethel did many jobs in the fields as well as bringing up Ray and his sister Margaret. The large vegetable patches, chickens and pigs the family kept were a necessity in what was a poor but happy childhood.

Ray wanted to become a draughtsman after leaving school but that was denied him at the interview process, with his farming background he believes working against him. He instead went on to work at Notcutts for fifteen years and was married in 1968 having two children Anna and David. Ray then took on the role as Head Gardener at Raveningham Hall in Norfolk and then Hilborough Hall, near Thetford (once the home of the Duke of Wellington when an MP) before returning to Suffolk and working in private gardens and nurseries, one of those being Goldsmiths in Ufford.

In 2003 with years of gardening behind him and a back that was causing him issues, Ray took up genealogy and research as a sideline. He worked initially on his own family tree and then went on to commission-based family trees and the histories of a number of local residences. Ray has also self-published books on the history of the old Wickham Market School, his and his sister's memories of growing up in Pettistree and a couple of volumes on Suffolk's Parish Workhouses. He still very much enjoys the research and writing, has a 'season ticket' at the Records Office in Ipswich, and is currently working on his autobiography.

Tony Hill

Ray has been a lifelong Ipswich Town fan but it wasn't until 1963 when he got his very first wage packet that he could afford to get a ticket into Portman Road. He then went to most home games and some away. "We would always get the bus into town, watch the game, have fish and chips and visit the cinema afterwards. I wasn't one for drinking too much and always made the last bus home at 10.30!" Ray went to Wembley in 1978 (FA Cup Final: Ipswich Town beat Arsenal 1-0) but his enduring memory was of the return journey. "It seemed like every bridge on the A12 was covered in flags, with the fans celebrating and waving at us on the coaches as we neared home".

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Walking in the Footsteps of Athelstan, King of Mercia

Athelstan presenting a book to St Cuthbert
Courtesy of Wikipedia

I have an interest in Dark Age History, and I have always travelled to related museums and sites of interest.

This summer Tamworth Borough Council was inviting people to join a festival delivered by Tamworth Castle and St Editha's Church, to celebrate the 1,100th anniversary of the ascension of Athelstan, King of Mercia. I thought I would go along.

Mercia and East Anglia (excluding Essex) were both settled by Angles. The Angles gave our country its name and the basis of our rich Language.

I got off the train at Tamworth, got to my hotel, unpacked and set off for St Editha's Church, to a lecture by Dr Charles Insley, titled "Athelstan and the Empire of Britain".

Athelstan was the grandson of King Alfred the Great. He achieved what his grandfather sought to achieve - the unification of all the Anglo-Saxon Kingdoms into one Kingdom, England.

In 924 Athelstan became ruler of the combined Kingdom of Wessex and Mercia. From 927 he could claim to be King of England following his seizure of Northumbria. He was styled King of All Britain after subduing the Scots, ruling the first United Kingdom of England, Scotland and Wales until his death.

My most recent visit was to Repton in Derbyshire, the site of a Viking camp of the Great Army in AD 873–74. The church, St Wystans is Anglo Saxon , and contains a crypt built in the early 8th century. The church was part of the fort wall which consisted of an earth bank linking up to the river Trent from each end of the church to form a rectangular fort.

I walked into a deserted church, followed the sign for the crypt and stood at the top of the steps looking down to the entrance, no handrail, no lights. I needed my phone torch to find my way, a heavy oak door halfway down closed behind me with a heavy clunk.

These journeys were made on foot, by train and bus.

Rob Flory

It was Mrs. Scarlet with a cake fork in the lounge.

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The PUNCH Follows Lucky Auction Winners …

The Great Ufford Sourdough Bake Off

Having bid for and won a sourdough lesson in the Auction of Promises at the Summer Ball, I was surprised when a three-day schedule turned up. This looked more like a sourdough mini-break. Then again, if you're going to learn, learn from a purist. And I was learning from Ufford's sourdough guru, Daniel Metz.

Day One was feeding the starter, the ingredient that makes the bread rise. The day before breadmaking day it needs a strict nourishment regime. At 12 midday and then again at 11 pm, it takes in precisely 50 grams of water and 50 grams of flour. It's stirred, left out of the fridge and grows and bubbles in a quite spectacular way.

The next day - breadmaking day - starts at 8am. And so it was that I went along to Daniel's with Clare Morrell, also a bidder. We picked our flours for our loaves. Daniel buys an impressive range of flours from the Suffolk company Hodmedods and put it in a bowl with water. Two hours later we returned to see our dough, which was slightly changed.

Then we added our well-fed starter, salt (finest grey salt from France, naturally) and some more water and mixed it together, which was difficult as it was quite sticky. Over the course of the day, our dough needed stretching and folding many times before shaping and putting it into a Banneton and the fridge overnight.

Baking day dawned and Daniel heated his Dutch oven (aka casserole dish) to a scorching 230 degrees. The top of the sourdough was scored and in it went, with the lid on. Some twenty minutes later and the lid was off, leaving it to brown (technical term: the Maillard effect).

I've tried it independently since with success. Kudos to the guru. Angela Linforth

High Noon at High Lodge

Shou-Wen Tang placed the winning bid for the clay pigeon shooting lesson at the auction and invited her friend, Angela Linforth, to join the fun. The amazing team at High Lodge, near Saxmundham, had generously included a voucher covering the costs of the clays. (see https://www.highlodge.co.uk/clay-shooting/)

Following intense preparation watching YouTube videos, our two intrepid Annie Oakleys were set for the big day. Neither had shot previously, so this could have been daunting, particularly for me.

At High Lodge we were greeted by Ollie Wilde, an expert instructor and ex-clay shooting champion, who was brilliant at calming pre-shooting nerves. Fortunately, before being let loose with the guns, there was a safety briefing and testing of which eye is the more dominant. Who knew you had a dominant eye? Apparently, this is important if you are going to be an Olympic-level clay shooter, and clearly that was the expectation here.

Shou-Wen was first up. Angela and I stood back. A long way back. Ollie made some encouraging noises, providing calm instruction on how to stand, how to hold the gun, and most importantly, which direction to shoot.

A clay was launched into the air, Shou-Wen locked onto it and pulled the trigger as the clay reached its zenith in the clear blue sky. There was a loud bang that we could not hear because we were wearing ear defenders. But we could see the unfortunate clay shatter into a thousand pieces – "powdered" as the professionals call it. After much cheering and fist pumps, Ollie restored calm and Shou-Wen repeated the performance.

Angela was up next and proved equally impressive. Both were surprised how little the shotgun kicked given the power of these things. It took a few shots to get used to it, but once they got the hang of it there was no stopping them. Ollie soon moved them on to a more advanced stand where the clays were presented faster and higher. Still they were powdering most of the targets.

The end of the hour-long lesson came all too soon, so we decamped to The Two Magpies Bakery close by to debrief over tea and cakes, and to chart the training strategy for the 2028 Olympics.

Nick Morrell

Photos by Nick Morrell

… from Summer Ball Promise to Summer Ball Reality

What's the Story? Crowning Glory

Clare and Sue enjoying the wine

This part of Suffolk is blessed with many things: wonderful wildlife, weird people, great architecture and, perhaps best of all, a pub - sometimes two - in every village.

We were lucky, though considerably poorer, to have successfully bid for a meal for four at the Ufford Crown in June's brilliant Ufford Summer Ball to raise funds for three Motor Neurone Disease charities.

After a tricky explanation to puzzled staff about our voucher for a free meal, we still weren't sure whether it included drinks so we did the very British thing of ordering the second cheapest white from the wine list. We weren't disappointed.

We've always found the general standard of pub grub in this part of the world to be very good so a venue that tries to position itself nearer the trendy gastropub market needs to be a few steps better and this one was. We'd taken along friends from Wolverhampton, one of whom was celebrating her 60th birthday, who'd escaped from the Black Country for the weekend.

Black Country Ben went for a starter of prawn cocktail, clearly nostalgic for the days of Slade, casually racist sit-coms and the three day week. Sue chose Cajun Swordfish as the main, at £25 it was one of the more expensive items on the menu but her expensive tastes proved worth it. She loved it. But even more she thought the crème brulee for dessert (I still call it 'afters') was the best she'd ever had and this is a woman who has had a lot of crème brulees.

For the record, Ben and wife Clare are West Brom season ticket holders so they really needed the weekend away, though their team did record an opening day 3-1 victory at QPR.

The bill actually came to pretty much what we'd paid at the auction and, like Club Tropicana, our drinks were free. If only we'd ordered more expensive wine.

One bit of feedback: When making the booking, Polly was effusive about how wonderful it was that we'd made a donation to such a worthy cause. When we got there, Jack on the till had no idea about it and wanted to see the voucher, even scrolling through Sue's phone messages to find it. Luckily he didn't find my message about the PVC nurse's uniform.

Mark Solomons

Croquet under the Sun

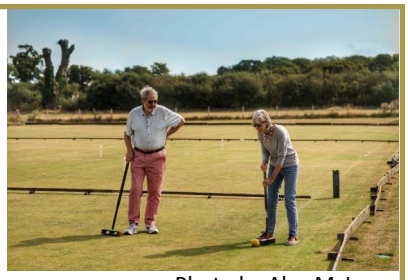
Photo by Alex McLean

After placing the winning bid at the Summer Ball auction for croquet lessons I didn't quite know what to expect. We turned up on Saturday 17th August at Ipswich Croquet Club to find three perfectly flat, square "lawns" and a club-house in open fields next to Trinity Park.

Our expert player Valerie introduced us to "Golf Croquet", a popular and easily learned game for two pairs. Success relies on using careful ball placement and strategy to be the first pair to get a ball through a hoop, with seven hoops being needed to win.

Thanks to Valerie's coaching and encouragement, even at our basic skill level, we achieved some very satisfying results. We played two full games with my son Alex and husband Robert each winning once. The common de-nominator? Valerie, of course.

Erica McLean

Top Ten Promises by Auction Value

1. Tom Mumford Sings
2. Decoy Studios
3. Ipswich Shirt
4. Weekend Clapham
5. Plane Flight
6. Baby Elephant
7. Champers Lunch
8. Bentley Trip
9. Ufford Crown Dining
10. Broads Sailing

Drink Later? Wine Not

You can always tell when a man is in love and longs for a sip of illicit liquor. However, despite the urge, Nick Morrell is saving this beauty for a special occasion. Our own Emeritus Professor of Medicine at the University of Cambridge shows his steely side to resist slurping a 2005 Château Haut Batailley, won at the June Summer Ball auction.

Nick, 61, said: "I have been sorely tempted, but I am saving this wonderful red for a special occasion. It's not the sort of wine you drink in front of the TV on a Sunday night."

The Wine Rooms website, aptly based in Cambridge, says of the wine: "….it has a very classic nose with lots of mint, blackberry and cedar."

NATURE NOTES by Christopher Reading

christopher.reading@icloud.com

Grey Wagtail

Continuing my watery theme, following the Kingfisher and the Grey Heron, my focus this month is on the Grey Wagtail. This bird does exactly what it says on the tin. It's grey and it wags its tail. Although grey above it has a bright yellow undertail which, together with its bobbing motion, often catches the eye. Unlike its cousin the Pied Wagtail which can be found anywhere - from beach to farmyard to supermarket car park - the Grey Wagtail favours aquatic habitats, preferably fast flowing rivers. It can be seen along slower moving streams and on the margins of lakes and ponds, where it hunts insects. I've noticed that it tends to congregate near bridges, maybe because the hunting is easier. I've seen this bobbing grey bird at various locations along the River Deben, including near the local swimming pond. The Grey Wagtail is a partial migrant and so is affected by our harsh winters. During the autumn it can be seen flying to warmer climes further south, as far away as North Africa. The species is currently on the Amber list for conservation.

Photo by Chris Reading

Nature Knowledge -During the summer, you may have noticed what looks like spit on leaves and stalks in our fields and meadows. What is it? Who causes it? Should we lobby the parish council? Well, no. The spit is caused by froghoppers of which there are many different species in the UK. The froghopper creates a foam nest around the nymphs that provides moisture and protection. This is sometimes called 'cuckoo spit' – much to that bird's annoyance. An adult froghopper can leap up to 70cm into the air, which is equivalent to a human jumping over a tower block. But don't try this at home.

THE UFFORD CROWN

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Mike O'Malley 1946 - 2024

Michael O'Malley (Mike to me) was born in Belfast in May 1946, the second eldest of seven children.

Mike had a happy childhood, enjoying a busy social life with a large family of cousins, aunts and uncles. Music was a huge passion and remained so throughout his life. Summer holidays were spent in Ballintoy on the North Antrim coast where Mike and his brothers and cousins would milk cows, bale hay and do general farm work in exchange for a farmhouse lunch. His father and uncle built a boat and there followed fishing expeditions and a lifelong love for the sea and sailing but not swimming as the North Atlantic was too cold.

After graduating from Queen's University, Belfast, Mike and his friend drove and hitchhiked around Europe, travelling all the way to Turkey and having great adventures which he would tell us all about. As there were very few career opportunities for Catholics in Northern Ireland at the time, Mike moved to London and began working for BT. He settled in West Hampstead, then Leighton Buzzard with his first wife, before finally settling in Willow Barn, Lower Ufford with Linda and his children Claire and Mark. BT offered many amazing opportunities for him including two years in Papua New Guinea, as well as spells in Australia, Nigeria, Guernsey and North America.

Mike became a competitive dinghy racer, sailing Fireballs in New Guinea and Australia. He then joined Waldringfield Sailing Club, sailing his beloved Wayfarer, competing in World Championships all over the world and gathering trophies as he went. His love of sailing culminated in becoming Commodore at the Club between 2005-7 and the purchase of an 11-metre yacht, *Sarann*. Many happy adventures followed with his family always in tow. He taught all four of his children to sail dinghies and *Sarann*.

When his first marriage ended, Mike moved into Willow Granary, selling Willow Barn, and he lived there alone before he and I began seeing each other romantically. We had known each other for a while, working as international trade consultants, Mike having retired from BT by this time. Our first date was not the best of starts as, over a beautiful seafood meal at the Galley in Ipswich, an Environment Agency alert advised of a potential flood risk to his Wayfarer at Waldringfield and the meal came to an abrupt end. However, he redeemed himself a year later at the Galley's sister restaurant in Port Gocek, Turkey, when he proposed, and we were married in St Mary's Church in Ufford in 2010. Our twins, Mollie and Finbar arrived in 2013 much to our delight and Mike was very much a hands-on father

from the start. Family was extremely important to him and researching his family history was a gift that kept giving, unearthing relatives all over the world.

Mike was kept very busy once he fully retired. He did the school run, took our children to clubs, attended school performances and was a great socialiser. He joined Deben Probus, walked extensively and loved Sudoku. We did so much together as a family. Music was a passion that we all shared, and having very young children kept his tastes contemporary and modern. Travel was always another passion and we were lucky to have travelled all over the world together, professionally and personally.

Devastatingly and very cruelly for a non smoker, he was diagnosed with lung cancer at Christmas 2023. His prognosis was excellent and he responded well to chemotherapy. He was always determined to beat cancer and carry on being Mike and Dad. Just a few days before his death he walked with us at Shingle Street and started to re-paint our front gate. An infection took him most unexpectedly on 1st August and we remain shocked and devastated by his loss. A massive thanks must go to all of our Ufford friends and neighbours who have reached out and continue to support me, Mollie and Finbar.

Ashley O'Malley

Ufford For Sale

In last year's PUNCH survey one of the most popular sections in the magazine proved to be the Welcome to the Village articles we produce. They satisfy that natural curiosity in who has just moved into Fred and Wilma's old house and gives one the chance to just happen to wander passed the property and greet the new residents by their name, past or present occupation or favourite hobby!

Previously, with relatively few house moves, these articles would have been occasional news items. However, as some readers may have noticed, there were at one stage last month 22 properties for sale in Ufford on Rightmove, believed to be a record high. Since then three houses have been sold subject to contract and hopefully for those involved a quick completion will follow. For the PUNCH editors, a potential dilemma; do we try and drop two or three welcomes into a monthly issue or face the inevitable tsunami of newbies head-on with the 'Welcome to the Village' 28 page Special Edition?

What's going on? Why would you ever wish to move away from idyllic Ufford? Callum Jacobs, Partner at Fenn Wright Residential Sales in Woodbridge, explained "There are always many different motives for moving home and there doesn't seem to be one overriding factor at the moment, it certainly isn't just Ufford that is seeing high stock levels, it's countywide. Contributing factors could be that low fixed rate mortgage deals have expired and people are entering a much higher rate environment, putting pressure on monthly finances. Also, where individuals have moved out to the countryside presuming they would continue to work remotely but are now being asked to go back into the office much more and the commute has become an issue. The market works in cycles and Ufford continues to be a sought after village."

Stuart Clarke, Partner at Clarke and Simpson Residential Sales in Framlingham, commented "It is a very interesting time, properties have been taking longer to sell over the last 18 months. From late 2020 to early 2022, if a house came onto the market at the 'right level' it went fairly swiftly. The market has been more challenging during 2023 and 2024 but with interest rates steadying and mortgage rates coming down somewhat, more people should come back into the market and we shall see stock levels reduce. Ufford is a very special village, attractive, with lovely pubs and easy accessibility to the A12 and Woodbridge. It will always be one of the first villages to attract buyers as the market improves."

While it will be sad to see some familiar and popular figures depart, the PUNCH will endeavour to welcome all of our newcomers and hope they embrace the spirit of the village and enjoy life in Ufford.

Tony Hill

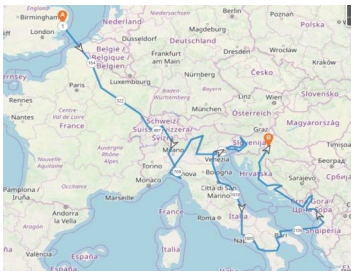
The Great Escape (from Albania)

Kit Thomas has been motoring across Europe in his not-so-trusty Ford Transit Van

What was meant to be a lovely trip over from Italy to Albania quickly turned south when we reached the port and realised we had left our passports two hours away. After a quick bit of "Italian driving" we made it onto our ferry, being the last car to board.

Arriving in Albania we were hoping for a better start but instead were turned away at border control for not having the correct vehicle documents. Quickly we got a picture sent over and reluctantly they let us in. After a couple of days we decided to move on to Montenegro. We arrived at the border and were told we could not leave the country without the vehicle documents, and a picture would not work. Indeed, they insisted the only way we could leave was if someone were to fly out with the documents.

So trapped, stuck in Albania, stressed, what do you do? Well, we figured perhaps they didn't really know what these documents looked like. So we drove to the nearest town, had my Dad email over the documents, went to a printing shop, got them printed and placed them in an important looking folder.



Knowing we would be recognised at the main border crossing, we drove forty minutes to a different and much smaller one. Nervous, we tried to act innocent. As we pulled up we passed the guard our passports and vehicle documents. After all that trouble and delay, he didn't even look at our knock-off papers, briefly scanned our passports and waved us through. We waited ten seconds to get out of ear shot before cheering. To top it off we thoroughly enjoyed Montenegro.

Kit Thomas

Editor's Note: Kit reports "Unfortunately in the end the van broke down in Croatia and I had to fly back."

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FOOTBALL CRAZY

The football-loving villagers of Ufford made the pilgrimage *en masse* to Portman Road on Saturday 17th August to mark Ipswich Town's long awaited return to the Premiership.

The PUNCH asked fans young and old to mark the occasion by taking photos and recording their emotions on the historic day to share with us during what is bound to be a topsy-turvy 2024/25 season.

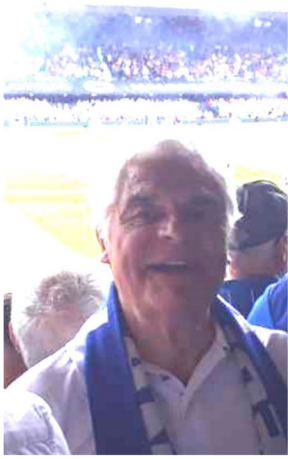
For Jenny and Norman Finch, the day brought back memories of supporting the Tractor Boys as children in the late Forties and Fifties when Suffolk was a very different place. Norman, now 82, recalls standing in the 'Boys Enclosure' of The Cobbold Stand and watching Ipswich play in Division 3 South. The smell of tobacco wafted from the nearby Churchmans cigarette factory. He said: "In those days it was well-known that an Ipswich win resulted in increased productivity at Cranes, Ransomes and Ransom Rapiers, the town's major manufacturing industries."

Jenny was just 11-years-old when she began supporting the team, even going with friends to watch evening games played by the youth team in the Mercia league. Jenny, 75, remembers: "All the players used to go to Joe Lyons in Ipswich town centre after training for a cup of tea. I and a couple of friends used to sit in there every morning during school holidays to see the players." Despite the two-nil loss, Jenny said: "The Ipswich supporters cheered until the final whistle. What an occasion."

Builder Paul Rust made the journey with son Ben, and friends, Chris Norman, Brian Pearson, Jeremy Maddison and Ollie Moyse. They had their normal pre-match pints in the Black Horse Inn, Ipswich, before the 12:30 kick off. Rusty, 65, said: "It was a cracking atmosphere and if we play like that all season we will stay up."

Alex McLean was unable to get a ticket for the game and watched at the Douglas Bader Pub, Martlesham Heath. Alex, 33, wore his Ed Sheeran signed Ipswich top which he bought at the June Summer Ball auction. The Service Architect & Senior Data Engineer said: "It was packed but we managed to squeeze onto a table. The atmosphere was electric. I hope to see them live sometime this season."

Alfie Ruggles had Dad Mark to thank after he gave him his ticket to the sold-out game. The 21-year-old said: "To be honest it was surreal to watch players like Mo Salah on the same pitch as Ipswich. When I began 2011 there were 10,00 30,000 at each match."



David Shipman invited Mattison, 20, who lives The solicitor, 82, of Sch Exeter University stude man Road. He said: "(by me in his earlier yea This was his first game the Premiership. He h wait to come back."

Jenny Finch - A Tractor Girl's Thoughts

First match? It was about 1960 when I was 12-years-old but I have no idea who we played. We stood in the old Cobble Stand, where we sit now.
Best match? 2000 play-of at Wembley. Beat Barnsley 4-1. Result took us to Premiership.
Best manager (not McKenna)? Bobby Robson.
Worst manager? Roy Keane/Paul Jewell.
Best Ipswich player? Kevin Beattie.
Hopes for the Season? To stay up and beat Manchester City at Portman Road.

Norman Finch - A Tractor Boy's Thoughts

First match? It was 1949 and I was eight-years-old. World War II was a vivid memory and I used to stand on a small box to see. I can't remember the opposition.
Best match? Ipswich v Bolton, semi-final second leg at Portman Road, May 2000. Won 5-3.
Best manager (not McKenna)? Bobby Robson.
Worst manager? Roy Keane.
Best Ipswich player? Kevin Beattie.
Hopes for the Season? To stay up.

Paul Rust - A Tractor Boy's Thoughts

First match? February 1969. Ipswich beat Man United 1-0 at Portman Road. Tony Dunne scored.
Best match? The 6-0 thrashing of Exeter City in April 2023 to secure promotion to the Championship (Ed's note: He thinks he's funny - he's not).
Best manager (not McKenna)? Bobby Robson.
Worst manager? Roy Keane.
Best Ipswich player? Matt Holland who captained Ipswich to Premier League promotion in 2000 and Samy Morsy, captain of today's side.
Hopes for the Season? 17th place would be a good first season back in the Premiership.

FOOTBALL MAD

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Andy Gardner

Home of an Ipswich Legend

Photo courtesy of Ipswich Town FC

A house in Ufford once described as the sort of property 'George Best' would have bought has a link to one of Ipswich's first foreign imports and a true Tractor Boy legend. The four-bedroom property on the junction of Lower Street and Lower Road is now owned by the PUNCH's own Jakes Davies, but was once home to the South African born midfielder **Colin Viljoen.**

Jakes made the discovery when she unearthed the property deeds which showed that Colin and his wife Gail bought the newly built house on the 28th April 1972.

Colin joined Ipswich from Johannesburg Rangers' Colts in August 1965 as an apprentice and signed a professional contract in August 1967. He spent 12 years at Portman Road, playing 305 games and winning two caps for England. The talented player contributed to Ipswich's victorious 1977-78 FA Cup campaign, making four appearances and scoring twice during the run. However, he was not part of the squad for the final itself.

In 1978, he moved on to Manchester City and it is believed his ties to Ufford and the house - called Hideaway at this time - ended.

Jakes moved into the glamourous abode in 2002. She remembers a builder telling her the property was "the footballer's house" but admits: "To be honest, it didn't register too much with me at the time, football not being my favourite sport!! It's only recently that I've seen him referred to as an 'Ipswich legend' and I've become quite fond of him.....perhaps I should start doing guided tours..."

A fan wrote to the football magazine *When Saturday Comes* in 1997 about visiting Ufford: "My Dad used to tell me how the big, modern house up the road was owned by Colin Viljoen. It was very modern, a bit like the one George Best had."

Colin is believed to be living in South Africa. If only we had a modern day Ipswich star living in the village.....

View from the Dark Side - White Lion owner Stephen Thurlow
The joy and pain of being a Norwich City fan in Ufford

As a lifelong Norwich supporter living in Suffolk most of my life, the last season has brought mixed emotions. I am delighted for all my Ipswich Town loving friends who have done nothing but bang on about the team and the return to the Premiership. And I couldn't be more happy for you Ufford folk who come down to the White Lion to remind me that Norwich are still in the Championship.

I will look for Ipswich's results each week and will enjoy the banter whether they do well or face an uphill battle. However, remember my heart will always be with The Canaries - and mark my words, we will be back in the Premier League.

Alex McLean - A Tractor Boy's Thoughts

First match? Dec 26,1998, Ipswich Town-Portsmouth, 3-0. Went to Portman Road with family, aged 8.
Best match? May 4, 2024, Ipswich Town - Huddersfield Town 2-0.
Best manager (not McKenna)? George Burley.
Worst manager? Paul Jewell.
Best Ipswich player? Matt Holland.
Hopes for the Season? Very happy to see us consolidate our position and finish mid-table.

Alfie Ruggles - A Tractor Boy's Thoughts

First match? Late 2010 or early 2011. I can't remember who we played.
Best match? Beating Arsenal 1-0 at home in the first leg of the Carling Cup in January 2011.
Best manager (not McKenna)? Mick McCarthy.
Worst manager? Paul Hirst.
Best Ipswich player? Nathan Broadhead.
Hopes for the Season? Simply just stay up.

David Shipman - A Tractor Boy's Thoughts

First match? About 1952, can't remember the details.
Best match? The 1-0 FA Cup final win against Arsenal at the Old Wembley in 1978.
Best manager (not McKenna)? Bobby Robson.
Worst manager? Roy Keane, but been a few.
Best Ipswich player? So many: Ray Crawford, Arnold Muhern, Paul Mariner, Terry Butcher, and Kevin Beattie.
Hopes for the Season? Survival!

PUNCH Summer Evening

The PUNCH Committee recently organised a summer evening get together for all of our volunteer distributors, who quietly ensure our magazine gets hand-delivered to every house in the village. We also invited many of our regular contributors, including those that pen our Nature Notes articles and the Ufford Parish Council Newsletter.

PUNCH Chair Tony Hill opened the evening with a few words. "This event is a thank you and recognition for the part every one of you play in making our village magazine what it is. The PUNCH really is a fantastic team effort and wouldn't be possible without your assistance."

After canapés and a glass or two of Sue Wright's 'PUNCH-Punch', the weather allowed us to sit outside (in a slightly retro Silver Jubilee street party formation) and enjoy the summer buffet and then three delicious desserts. It was a relaxed and fun evening, with all the food prepared by members of the committee, which received compliments from many of our guests.

Photo by Paul Hallett

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I thought of something really important the other day, but just can't remember what it was.....

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Tell Them about the Honey, Mummy

Maybe it's the folk memory of the Nectar of the Gods gathered from the foothills of Mount Olympus. Or childhood indoctrination from a Sugar Puffs ad featuring an over-weight monster and that bloke from the Benny Hill show. Whatever the origin, the first honey harvest of the year by the Ufford Bee Club is always a special occasion worthy of Prosecco and cake.

The bees see it differently, of course. Forgetting our deal to let them spend the summer kicking back in spacious accommodation in exchange for a few jars of liquid rent, they see this as a brazen act of robbery and put up a spirited fight before letting us get away with eight frames of honey-comb. Uncapped and then fed through a centrifuge, the raw unpasteurised honey emerges in a golden stream, flowing like oil from the sump of a classic Rolls Royce. It sure beats any bowl of sugar cereal.

Photos by Kevin Young

Kevin Young

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Photo courtesy of Happy Babies

Happy Times as Happy Babies Return to Ufford

The month of September sees Ufford's own Happy Babies back in the Community Centre. These weekly classes for babies, their parents and caregivers are delivered by two experienced primary school teachers. The venture is celebrating its one-year anniversary having opened its doors in September 2023 under the care of Laura Smith, 32 and Sophie Lloyd, 31, who bring years of experience working with children to the set-up, including knowledge of the "physical development" of babies.

Laura told the PUNCH that Happy Babies run sensory play classes every Thursday in Ufford. She said: "We have 20-25 minutes of structured sensory play, where we engage in different sensory activities all linked to the weekly theme. After this, we have the rest of the hour session to socialise, enjoying complimentary cakes or snacks and playing with our little ones."

The Happy Babies website and social media pages showcase the teacher-led sensory play on offer, where babies experience a wealth of sights, sounds, textures and colours whilst also learning vital early social skills. Laura says it's not only the babies who benefit, as parents and caregivers have the opportunity to learn about their baby's development and share ideas and experiences.

She added: "We have delivered classes in Ufford for one year now and seen such great success. The local community are able to access sensory play classes for babies, which have not been delivered in Ufford before."

"We have supported hundreds of families at our Ufford venue alone in the past year. Our parents that attend come back weekly, excited to see the new themes and activities (and the cake!). We have up to fifteen babies in each class and our classes often sell out very quickly."

The venture not only caters for Ufford but is popular in the wider community, with babies from nearby Woodbridge, Martlesham, Rendlesham and Kesgrave. New classes for 2024 include "Happy Toddlers," which has proved so popular that the full seven week course starting on the 12th September has already sold out. They run from 9.30am for an hour and cost £56.00 for the course.

Laura said: "If you know someone who is expecting, has a little one, or even has a slightly older toddler (up to two and a half years) feel free to get in touch and book to come along to one of our sessions. We look forward to meeting you."

For more information go to: Happy Babies - Sensory Play Classes happy-babies.co.uk or see our Diary Dates and contact details on page 23.

Helen Paxton

WHITE LION VOTED BEST PUB IN SUFFOLK

In an independent survey conducted on the premises last Friday, fifty respondents were asked the question "Would you like a free beer and do you agree the White Lion is the best pub in Suffolk?" Forty-seven said Yes. Of the three who said No, two changed their answer when asked the follow-up question "Do you agree the White Lion is the best pub in Suffolk or would you prefer a punch on the nose?". One person went home early after being punched on the nose, resulting in a 98% positive response.

This survey was conducted by the prestigious PUNCH Institute for Social Studies, renowned for correctly forecasting the winner of the general election on their second attempt. Independent surveys may be commissioned by sending them a £50 deposit and your required results.

Kevin Young

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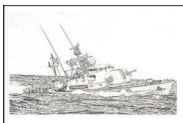
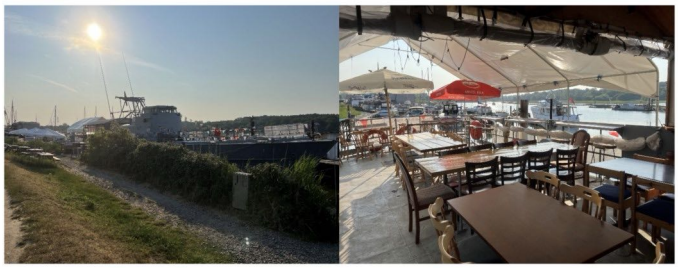


Deben Café Bar on HMS Vale

A licensed café bar on the aft deck of an old war ship floating in the River Deben alongside Melton Boatyard near Woodbridge.



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September in the Garden

September is more than a month, really;
it is a season, an achievement in itself.
It begins with August's leftovers and
it ends with October's preparations.

Hal Borland

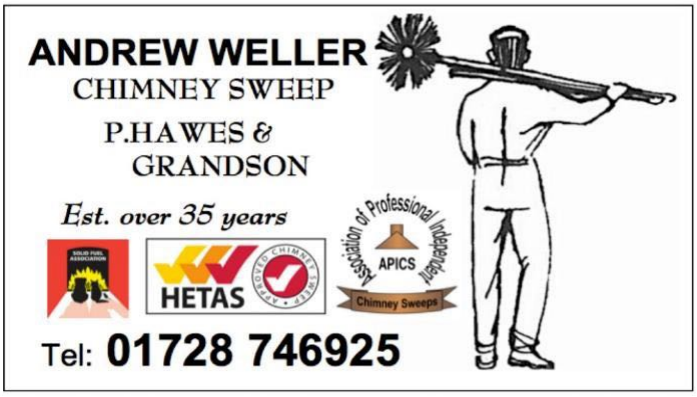
September is generally a cooler, gustier month than August and the days are noticeably shorter. While there's not as much to do in the ornamental garden at this time of the year, if you have a fruit or vegetable patch, you'll be busy reaping the rewards of harvest. It's also time to get out and start planting spring-flowering bulbs for next year and you can collect seeds for next summer's colour too. Make the most of the remaining warmth while you can!

Jobs for the Ornamental Garden

- Now is a great time to give your lawn some love. First mow, then scarify vigorously with a wire rake to remove thatch and moss, then use a border fork to make holes in the lawn to aerate.
- Begin to clear falling leaves from flower borders and your lawn. Keep in hessian sacks behind a shed for 12 months and make the most amazing leaf mould to use as a mulch or soil improver.
- Now is a great time to order bare rooted roses and hedging plants for delivery later in the season.
- Remember to keep on top of the watering, especially of any pots and containers and newly planted borders.
- Towards the end of the month, bring pots of late flowering chrysanthemums into the greenhouse to protect from the cold.
- When the temperatures begin to drop make sure to close the vents and doors on your greenhouse at night to keep as much heat in as possible.

Jobs for the Kitchen Garden

- Clear finished pea and bean plants leaving their roots in the soil as these will add nitrogen for future plantings.
- If the weather continues to be hot make sure to give pumpkins and squash plenty of water. To encourage bigger fruits remove the tips of the vines and their side shoots as this will direct the plants energy away from there and into the swelling fruits.
- Continue feeding tomato and chilli plants until all fruit has ripened.
- Keep a check on brassicas for butterfly eggs and caterpillars. These are usually found under the leaves and can be removed by hand and disposed of.
- Sow spring onions, radish, rocket, broad beans, hardy peas, winter spinach and Swiss chard outside.
- After clearing the space and preparing the bed with compost, plant shallot sets towards the end of the month. Gently push them into the soil until the tip is just below the surface to prevent blackbirds removing them.
- Cut herbs to hang upside down to dry for use over winter.
- Harvest all your sweetcorn, blanch and freeze for winter use.
- Cut back the finished canes of summer fruiting raspberries leaving the new, green canes for next year's fruit. To prevent damage to their roots tie them into their supports with twine.
- Continue harvesting apples. Lift the fruit gently and if it comes off in your hand, they are ready to eat. Don't forget to store some for the colder months.
- Pick plenty of damsons, plums and apples to make jams, flavoured gins and chutneys. Be sure to store in airtight bottles and jars and they'll last for the whole winter.



Tragedy Strikes Days after Solar Farm Victory

The tragic news that software entrepreneur Mike Lynch, owner of Loudham Estate, has died in the superyacht disaster off Sicily on the 19th of August, has sent a shockwave through the area. Mike was on holiday with his wife Angela Bacares, 57, who was among fifteen people - including a one-year-old baby - rescued from the sea. As I write, the search for their 18-year-old daughter Hannah continues.

Before Mike and his family went on their ill-fated trip, his estate confirmed that the tech giant was behind a Judicial Review into the Pettistree Solar Farm project. The Loudham Estate cooperated fully with our article prepared before the 19th August and it will be part of Mike Lynch's local legacy that any future planning application will be heavily scrutinised. See Editorial page 3 for more detail.

Judicial Review Puts Solar Farm in the Shade

In the July issue of the PUNCH, we covered how those doughty champions of the green cause, British Solar Renewables, and their Private Equity parent company the Intermediate Capital Group, had been granted permission to build a **Solar Farm at Park Farm,** Loudham.

Ufford's City Slicker raised a weary eyebrow at the financial backers and winners from the scheme, but the conclusion of our local council seemed to be that it was only right that the public should pay higher energy bills so that the tax breaks and huge salaries of those employed in the strategically important Private Equity industry are preserved for the nation.

It seemed the City Slicker was resigned to enduring day-trips to the huge Wickham Market Sizewell C car park, from where he would get a great view of the Solar Farm, and be able to watch the 1200 lorry trips per day up the A12 to the 'green' power station at Sizewell C.

On a clear day he might also catch sight of the Wind Farm Substation at Friston, which will be the size of Wembley Stadium, and hear the gentle crack and cackle of the pylons taking electricity southwards to the great AI data-centres around the M25. Happy days indeed.

But this eco-idyll was not to be, as we can exclusively reveal that the decision to approve the Pettistree Solar farm has been overturned following an application for **Judicial Review**. In effect, East Suffolk District Council were forced to reconsider the decision after the Loudham Hall Estate argued that due consideration of the heritage of the area had not been made in the planning process.

What is a Judicial Review?

Planning decisions made by local authorities are open to challenge in the High Court through the judicial review process if it is thought that the decision was made contrary to the law or to planning policy. Successful judicial reviews are very rare (only about 5% succeed).

The PUNCH understands that the mastermind behind this challenge was none other than **Mike Lynch**, co-founder of the software giant the Autonomy Corporation and owner of Loudham Hall. Having recently been exonerated at his trial in the US (no mean feat for a UK businessman) he returned to the UK to take on the might of East Suffolk Council.

The argument was fairly simple - an assessment of the impact on local heritage is required by national planning policy on developments of this type. This was not done and so the decision is void.

Will Harrison, Estate Manager at Loudham Hall, gave the PUNCH more detail, saying that it was disappointing that the challenge had to be brought.

In a statement he wrote: "Despite their relative inefficiency compared with other renewables, solar farms have their place in the mix of national sustainable energy production. However, their visual and infrastructure impact is huge and there needs to be much stronger national policy on where such development does and doesn't belong.

"It would be an easy step for the Government to insist on solar panels being installed on new houses and industrial buildings, and therefore to maintain the beauty, habitats and history of the countryside. This challenge was brought because no consideration was given to listed heritage assets close to the development site, and it's disappointing that all the impacts of this proposal were not fully explored."

The Park Farm Solar Farm

- 39,508 Solar **Panels**
- **19,908 panel** posts
- 2 shipping containers
- Access Roads
- A Transformer station
- Overhead cables
- A 2.2m peri-meter fence
- 6m high CCTV cameras
- Some weeds and wild-flowers

The PUNCH approached East Suffolk Council and received the following response: "As local planning authority, East Suffolk Council has signed a Consent Order and will not be defending the application for judicial review. This result is likely to mean the need for redetermination of the application at a future Planning Committee meeting."

Sarah Hymas, Head of Project Development at BSR Energy told the PUNCH: "Park Farm Solar Park would generate enough renewable energy to power over 5,000 homes. The planning application was carefully considered by local residents during a period of public consultation and by independent experts at East Suffolk Council prior to being granted consent. "This project and others like it are invaluable to helping the UK achieve energy security and to tackle the climate crisis. We have worked closely with East Suffolk Council to respond to the Judicial Review, and we remain entirely committed to developing the Solar Park as soon as possible."

Whatever the outcome, the PUNCH will keep you posted.

Mike Lynch

- Sold software company Autonomy to tech giant Hewlett Packard (HP) in 2011 in a £8.5bn deal.
- Extradited to the US in 2021 after being accused of fraud. Kept under house arrest.
- June 2024, found not guilty of fifteen counts of fraud (in the US there is only 1% chance of acquittal in court).
- Owner of Loudham Hall, Pettistree.
- Breeder of rare-breed cattle.
- Fellow of the Royal Society.
- Deputy Lieutenant of the County of Suffolk.

UFFORD DIARY DATES FOR SEPTEMBER

EVENTS

1st + 8th September	Tom Mumford live at the Ufford Crown	
7th September	Melton Old Church Society Annual Morning Market 10.00am to 12.30pm	
9th + 23rd September	Friends of Parklands Wood - Working Party 9.00am	UCH
10th + 24th September	White Lion Quiz Night - Food from 7.00pm, Quiz at 8.00pm	
11th September	Ufford Coffee Morning 10.00am to 12.00 noon	UCH
14-15th September	Ufford Arts and Craft Fair at the White Lion	
17th September	Ufford Art History Group - Visit to Hedingham Castle	
17th September	Ufford Parish Council - Meeting 7.00pm	SMPH
18th September	Talk by Dr Sam Newton (Alfred & the Cakes) 7.00pm at the White Lion	
25th September	Ufford Gardening Club - "Cut Flower Gardening" 7.30pm	UCH
26th September	White Lion Open Mic Night 7.00pm	

CLASSES AND CLUBS

Tai Chi Classes	Mondays at 2.15pm	UCH
Tennis Club	Monday and Friday from 5.00pm	UCH
Boules	Tuesdays at 2.00pm	UCH
Crocodile Rock	Tuesdays 9.45am - 10.45am and 11.15am - 12.00 noon	UCH
Happy Babies	Thursdays 9.30 - 10.30am, 11am -12 noon and 12.15 - 1.15pm	UCH

BRIDGE CLUBS

Ufford Friendly Bridge Club
Mondays 6.30pm **UCH**

U2 Bridge Club
Wednesday 11th & 25th September - 1.45pm **UCH**

WHERE?

SMPH **St Mary's Parish Hall**

UCH **Ufford Community Hall**

The PUNCH Directory

Schedule of events and classes are on the diary dates above

Boules (by tennis court - UCH)
Di Fulcher 01394 460551

Bridge Classes
Mike Fisher
www.mikefisherbridge.com

Carpet Bowls
Di Fulcher 01394 460551

Community Hall
Bookings.uch@gmail.com

Crocodile Rock
crocodilerock.music@gmail.com

Cycle Club
Stephen Thurlow 01394 460770

Deben Probus Club
John Hickling 01728 746322
johnhickling@uwclub.net

Friends of Ufford Woods
Mike Hawthorne 01394 420241

Happy Babies
hello@happy-babies.co.uk

Helping Ufford Group (HUG)
Hotline: 07595 970139
helpinguffordgroup@gmail.com

Parish Council & website
Clerk: Judi Hallett
01394 411405 / 07739 411927
www.ufford.suffolk.cloud

Parish Church Committee
Karen Eyres 01394 460455
k.eyres@btopenworld.com

PUNCHLine
Tig Thomas 07710 882559
PUNCHline@uffordpunch.org.uk

St Mary's Parish Hall
Karen Eyres 01394 460455
k.eyres@btopenworld.com

Tennis Club
Chris Cage 01394 461082

U2 Bridge Club
Adrian Smith 01394 461179

Ufford Art History Group
Jenny Searle 01394 460317

Ufford Arts Festival
Jeremy Eyres 07739 330398

Ufford Basketball Club
Daniel Metz
uffordbasketball@gmail.com

Ufford Friendly Bridge Club
Lyn Taylor 01394 460253

Ufford Gardening Club
Sheila Creswick 01394 547658
sheila@creswick.uk
www.uffordgardeningclub.org.uk

Ufford Players Theatre
Jackie Wilks 01423 333167

Ufford Tai-Chi
Ray Norris 01394 383076
www.suffolktaichiacademy.uk

Ufford PUNCH
Nicky Scott 01394 460186
secretary@uffordpunch.org.uk

Love to Sing? Then Join the Choir at St Mary's Church for a Night to Remember

The sweet sounds of the Love to Sing Choir will fill St Mary's Church with an eclectic mix of tunes from the best of Broadway to the Latin choral *Confitemini Domino* on Saturday 26th October.

The choir often has more than forty-members and includes singers from Ufford and across the local region who have performed and raised money for charity since its inception in 2012.

The one-off event starts at 5pm with doors open at 4.30pm and costs £10. Afterwards, wine and cheese will be served. Donations from the proceeds will be made to the charity Parkinsons UK.

Rachael Tecklenberg, Musical Director of the Love to Sing Choir, which is based in Woodbridge said: "The choir is about bringing the community together through our love of singing and having fun. It's hard work but good fun."

Rachael added: "Since 2012, Love to Sing Choir Woodbridge have been performing, raising money for charity, and entertaining audiences from Capel St Mary to Blythburgh and nearly every church or community hall in between! We attract enthusiastic voices looking for a structured, quality choir with a broad repertoire and desire to support the community."

The choir has regrouped and expanded since the pandemic of 2020 and has recruited many new voices. Rachael said: "A new choir has emerged, but with our same core values: bringing joy to our audience and members and supporting our community through our 'Love to Sing'."

The varied repertoire is expected to include folk songs from the UK and the USA, with the widely popular *Oh Shenandoah* a favourite. Other songs planned are Glenn Miller's *Chattanooga Choo Choo* and John Rutter's uplifting anthem *For the Beauty of the Earth*.

There may also be a choir first of Dolly Parton songs - if they are ready to go.

Tickets are £10 from Adrian Smith at 07850 706086 or adrianpdf@btinternet.com. The concert at St Mary's Church in Church Lane, Ufford, is expected to last ninety-minutes with a small break.

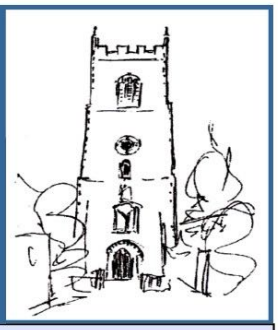
Andy Gardner

ST MARY OF THE ASSUMPTION, UFFORD

(United Benefice with St Andrew's Church, Melton)

Rector of Melton & Ufford Ufford: Revd Paul Hambling
Church Office, St Andrew's Church, Station Road,
Melton, Woodbridge IP12 1PX T: 01394 387491

Church Wardens of Ufford:
Mrs Karen Eyres T: 01394 460455
Mr David Perfect T: 01394 460363



Who cares? Do you? Does God? Does the church? Well, I am confident that the answer is yes! Even in the midst of the challenges we face, both as individuals and as a world, love still conquers all. The love of God is so amazing and wonderful that to try to explain how wonderful it is would take up a whole edition and even then we would not be able to comprehend it. What I do know is that God's love is perfect and unconditional and shown to us in Jesus.

Love and reconciliation is the ultimate act of healing; healing of ourselves and healing of the world. When we channel our energy towards love and away from anger and bitterness, there we will find true healing. It can be difficult to love those who have wronged us and often it seems impossible to do so. If we offer this to God, then it will be reconciled and healed and transformed into love.

I appreciate and respect that some will not believe that the way to true reconciliation and love is through God and the Christian faith. What I invite you all to do is to believe in love, perfect, selfless and unconditional, even during those times of utter despair.So do care; care for yourselves; care for one another. At your parish church you will find a caring, loving place, where all are welcome and loved.

With every blessing. **Fr. Paul**

Suffolk Churches Heritage Trust "Bike and Stride" fund-raising event is on 14th September, a lovely family activity.
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September

Sun 1st TRINITY 14

08.00 Holy Communion BCP at Melton

10.00 Parish Eucharist at Ufford

10.00 Morning Worship at Melton

Sun 8th TRINITY 15

08.00 Holy Communion BCP at Ufford

10.00 Eucharist at Melton

Sun 15th TRINITY 16

08.00 Holy Communion BCP at Melton

10.00 Parish Eucharist at Ufford

10.00 Morning Worship at Melton

Sun 22nd TRINITY 17

08.00 Holy Communion BCP at Ufford

10.00 Eucharist at Melton

Sun 29th TRINITY 18

10.00 BENEFICE Eucharist at Ufford

LIVE CHURCH CALENDAR ON THE WEB SITE
www.uffordchurch.org

Food Banks - donations welcome to the Collection Box at Ufford Church porch for the "Little Pantry' at St Andrew's Church, Melton.

Online prayer resources:

https://pray-as-you-go.org/home/ https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer

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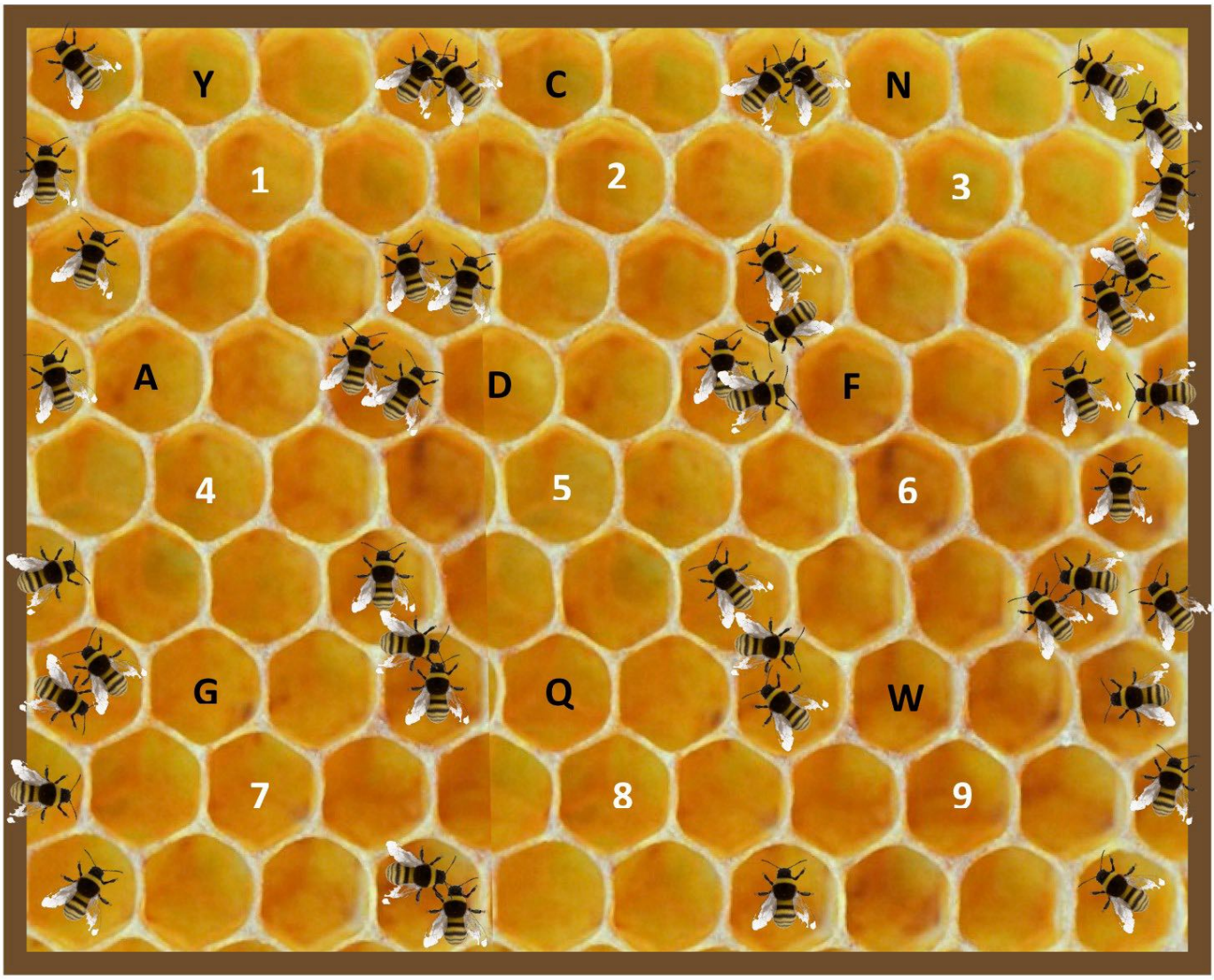
QUIZONE

It's about this time of year that beekeepers harvest honey, how much do you know about bees?
All the answers have six letters and we have given you a clue with the first letter.



1. What colour are the majority of bees, black and ……?
2. What is the name of a family of bees that live in a hive?
3. What is the sugary liquid created by the flower of a plant, collected by bees to make honey?
4. What is the name for a place where bees and hives are kept?
5. What are male bees called?
6. Inside hives, bees build their honeycombs on wooden …..
7. When touching bees what should you wear on your hands? (Although some beekeepers don't!)
8. What are the longest and most dominant female honey bees known as?
9. What is the dance performed by a honeybee to tell other bees the direction of a source of food?

Answers - 1 Yellow 2 Colony 3 Nectar 4 Apiary 5 Drones 6 Frames 7 Gloves 8 Queens 9 Waggle

Tony Hill

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